

A P P E T I S E R S

SEAFOOD CHOWDER (CF)(GF) €7

Clew bay seafood chowder served with homemade sunflower & pumpkin soda bread .

SOUP OF THE DAY (CF)(GF) €5

Homemade soup of the day served with homemade sunflower & pumpkin soda bread.

SOUTHERN STYLE CHICKEN WINGS €6

Sizzling wings tossed in our own BBQ & Chilli Glaze served with a blue cheese dip

IRISH SMOKED SALMON PLATTER (CF)(GF) €6.50

Served with dressed baby shrimp, poached salmon capers and a red onion compoté

KING PRAWN SPRING ROLL €6

King Prawns wrapped in Filo Pastry with an oriental glaze set on a shredded salad garnish.

CHICKEN & MUSHROOM VOL AN VENTS €6

Chicken, Mushroom and Smoked Bacon Vol au Vents served with salad garnish

FOR ANY DIETARY REQUIREMENTS
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A P P E T I S E R S

"THE TWISTER" CAESAR SALAD (CF)(GF) €6

Marinated Chicken strips smoked bacon lardons, grated Parmesan cheese and classic Caesar dressing.

GARLIC MUSHROOMS €5

Golden crumbed mushrooms coated in a garlic butter with salad garnish & garlic mayo.

BREADED BRIE WEDGES €6

Wedges of brie cheese in a seasoned crumb served with a cranberry & port rustic sauce

ONION BHAJI €5.50

Tasty fragrant chickpea and onion balls coated in a light crisp batter served with a cumin and coriander dressing.

VEGETABLE SAMOSA €5.50

A savoury filling of spiced potatoes , onions , peas , lentils , wrapped in a crisp filo pastry served a mango and chilli relish.

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STEAK

PRIME ANGUS SIRLOIN OF IRISH BEEF (CF)(GF)	100z	€23
PRIME ANGUS RIB-EYE OF IRISH BEEF (CF)(GF)	80z	€21
PRIME ANGUS FILLET OF IRISH BEEF (CF)(GF)	80z	€22
SURF & TURF (CF)(GF)	80z	€25

8oz Prime Fillet Steak topped with dressed coriander and lime Tiger Prawns topped with a café de Paris Butter.

All of our steaks are cooked to your liking and served with skinny French fries, saute mushrooms, golden French fried crispy onion rings and a choice of creamy peppercorn sauce or garlic butter

MEAT / GRILL

PAN ROASTED IRISH LAMB CUTLETS (CF)(GF)	€14
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Grilled Lamb Cutlets with a mint and rosemary champ mash, coated in a smoked bacon sauce.

HOMEMADE 5oz WESTERN STEAK BURGER	€13
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Prime Angus Beef Burger topped with smoked bacon , mozzarella cheese and sautéed onions.

BEEF MADRAS (CF)(GF)	€14
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Slow cooked beef simmered in our own pungent aromatic madras paste served with basmati rice & naan bread

WESTERN BALTI SPECIAL (CF)(GF)	€14
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Mixture of Beef, chicken & prawns coated in a medium curry base with onions, peppers, fresh garlic and chilli served with steamed basmati rice and naan bread

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P O U L T R Y

SUPREME OF CHICKEN (CF)

€14

Chicken fillet wrapped in parma ham with a pork and black pudding stuffing coated in a creamy leak and mushroom sauce.

THE WESTERN STIR-FRY

€13

Stir-fried Beef or Chicken tossed with seasonal vegetables and coated in our special Western stir-fry sauce set on a bed on egg noodles or steamed basmati rice.

HONEY ROASTED CONFIT OF DUCK (CF)(GF)

€14

Half boneless confit of duck in a honey and salt crust , coated with an orange & plum sauce

THE WESTERN STYLE CHICKEN CURRY (CF)(GF)

€14

Marinated chunks of chicken, seasonal vegetables, bound in a fragrant sauce served with steamed basmati rice & naan bread

CHICKEN & MUSHROOM VOL AU VENTS

€13

Chicken, mushroom and smoked bacon vol au vents served with salad garnish & skinny french fries.

V E G E T A R I A N

SPINACH AND RICOTTA TORTELLINI

€12

Spinach and ricotta tortellini with a sautéed forest mushrooms and a creamy basil and chive cream sauce

VEGETABLE CURRY (CF)(GF)

€11

Fresh seasonal vegetable served in a medium curry sauce served with basmati rice & naan bread

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SEAFOOD

FILLET OF CLARE ISLAND SALMON (CF)(GF)

€14

Grilled fillet of fresh salmon set on wilted baby greens and a creamy hollandaise sauce

FISH & CHIPS

€13

Fresh cod fillet in a tempura beer batter served with minted mushy peas , tartar sauce, seasonal salad & french fries.

SIDES

SKINNY FRENCH FRIES

SELECTION OF GARDEN VEG

CHEESE & GARLIC POTATO

POTATOES OF THE DAY

BEER BATTERED ONION RING

SAUTEED MUSHROOMS & ONIONS

€3

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DESSERT

WARM HOME-MADE APPLE PIE €5

Warm home-made apple pie with vanilla ice cream, warm custard & fresh cream

HOME-MADE CHEESECAKE OF THE DAY €5

Home-made cheesecake of the day, crumbly biscuit base & fresh cream

STICKY BANANA BANOFFEE PIE €5

Sticky banana banoffee pie, biscuit base with fresh cream vanilla ice cream

ETON MESS €5

Strawberry meringue served with vanilla ice cream and fresh cream

CHOCOLATE PROFITEROLS €5

Home made profiteroles served on a bed of ice cream drizzled in chocolate sauce

WARM GLUTEN FREE, CHOCOLATE FUDGE CAKE €5

Chocolate Fudge cake served with Vanilla Ice-cream

GF = Gluten Friendly

CF = Coeliac Friendly

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